
2009 SCHOLARSHIP APPLICATION INSTRUCTIONS

Yoga Works & Highland Yoga offer 1 need-based scholarship for each 200-hour Teacher Training. This scholarship is open to all of Blissful Yoga staff and the general public. Those who are awarded the scholarship will receive a 50% discount off the full price of the course and will be required to work 100 hours of work exchange. The work exchange consists of the completing the following two roles:

- 1) Teacher Training Marketing: Responsibilities begin up to 12 weeks before the training start date. Duties include local grass roots marketing and pre-training logistics. *This role comprises 50 hours total.*
- 2) In Training Assistant (ITA): Responsibilities are preformed during the course of your training. Duties include but are not limited to taking daily attendance, homework recording, keeping the room clean, and assisting with in-training logistical duties. *This role comprises 50 hours total.*

Please be aware that as a student, our Teacher Training programs are very intensive and alone require a large time commitment. Taking on the responsibility of assistant will be another substantial commitment with a large amount of responsibilities to be conducted before, during and after the training. Please do not apply for this scholarship if you do not have the extra time and energy. After reviewing the applications, the Teacher Training Department will conduct interviews with qualified applicants. Your work exchange can begin as early as 8 weeks prior to the start of the training.

How to Apply:

Please submit the following to the Teacher Training Department:

- Scholarship Application
- Primary Teacher Training Application
- Copy of a current resume (if available)
- Proof of Income (previous years' tax return or a recent pay stub that shows your accumulative pay for a minimum of 6 months)

Application deadline:

Ten weeks prior to the training you are applying for, although we recommend applying earlier.

Selection Process:

Individuals will be selected for an interview based on their financial ability to pay for the training as well as their credentials and time available for work exchange. Interviews may be conducted before the training you are applying for. Scholarships will be awarded no later than the early registration date. Work exchange can begin as early as sixteen weeks prior to the program start date.

Payment:

Upon acceptance, students awarded the scholarship will be required to pay the entire discounted rate (\$1625.00). If payment is not secured within four (4) weeks of notification, the scholarship will be withdrawn and passed to the next student in line.

To submit your application, either:

- Fax to (919) 968-9642. Please include a cover sheet with your name, Attn: TT Scholarship Application
- Mail or email it to: highlandyoga@verizon.net
- Questions? Please call (919) 838-YOGA (9642), or email highlandyoga@verizon.net

SCHOLARSHIP APPLICATION

Personal Information

Name _____ Today's Date _____
Home Phone _____ Work/Cell Phone _____
Email Address _____
Occupation _____

Training you are applying for: _____

Scholarship Questionnaire

Are you currently working? Yes No

If yes, where are you currently employed? _____

What is your monthly salary? _____

Work Exchange Questionnaire

How many hours are you available per week? _____

When are you available to work? (Select all that apply)

Weekdays

- Morning (8:00 AM – 12:00 PM)
 Afternoon (12:00 PM – 4:00 PM)
 Evenings (4:00 PM – 8:00 PM)

Weekends

- Morning (8:00 AM – 12:00 PM)
 Afternoon (12:00 PM – 4:00 PM)
 Evenings (4:00 PM – 8:00 PM)

Are there any times you are not able to make a commitment? If yes, please explain.

Do you have a car? Yes No

If yes, would you be willing to use it for your work-study assignments? Yes No

What level of experience do you have with computers?

- Beginner Intermediate Advanced

What computer programs are you proficient in?

- Microsoft Word
 Microsoft Excel
 Other Programs: (please list) _____

What specialty skills do you have? (select all that apply)

- Retail
 Software Programming (list programs) _____
 Customer Service
 Marketing/PR
 Other: (please explain) _____

Personal Statement

Using the space below, please tell us why you should be chosen for YogaWorks'/*Highland Yoga* Teacher Training Scholarship.